

## SAMPLE MENU

week 1	week 2	week 3
<p><b>Monday</b> Homemade Cheese &amp; Tomato Pizza Homemade Vegetarian Stir Fry (v) Seasonal Vegetables Raspberry Ripple Ice Cream</p> <p><b>Tuesday</b> Chicken Curry Hot Cheese Toasties (v) Seasonal Vegetables Homemade Vanilla &amp; Oat Muffin</p> <p><b>Wednesday</b> Roast Chicken Dinner Vegetarian Sausage (v) Yorkshire Pudding &amp; Roast or Creamed Potatoes Seasonal Vegetables Homemade Sultana Cookie &amp; wedge of fruit</p> <p><b>Thursday</b> Beef Burger in a Bun Homemade Cheese &amp; Tomato Pasta (v) Seasoned Potato Wedges Seasonal Vegetables Coconut Crunch Finger</p> <p><b>Friday</b> Cod Portion Vegetarian Sausage Roll (v) Oven Baked Chips Garden Peas Fruity Friday</p>	<p><b>Monday</b> Homemade Tuna Pasta Bake Pasta &amp; Cheese Sauce (v) Seasonal Vegetables Maple Pancake with Fresh Fruit Coulis</p> <p><b>Tuesday</b> Pasta Bolognaise Quorn Dippers (v) Boiled Rice or Garlic Bread Seasonal Vegetables Homemade Chocolate Penny</p> <p><b>Wednesday</b> Roast Chicken Dinner Vegetarian Sausage Roll (v) Roast or Creamed Potatoes Seasonal Vegetables Homemade Carrot Cake Muffin</p> <p><b>Thursday</b> All day Breakfast Vegetarian All day Breakfast (v) Seasonal Vegetables Homemade Banana &amp; Honey Slice</p> <p><b>Friday</b> Breaded Fish Finger Hot Cheese Toasties (v) Oven Baked Chips Garden Peas Fruity Friday</p>	<p><b>Monday</b> Homemade Cheese &amp; Tomato Pizza Vegetarian Sausage Roll (v) Seasonal Vegetables Lemon Cookie &amp; wedge of fruit</p> <p><b>Tuesday</b> Chicken Crispy Bites Homemade Vegetarian Curry (v) Golden Vegetable Rice Seasonal Vegetables Fruit Jelly &amp; Mousse</p> <p><b>Wednesday</b> Roast Chicken Dinner Quorn Dippers (v) Yorkshire Pudding &amp; Roast or Creamed Potatoes Seasonal Vegetables Chocolate &amp; Banana Muffin</p> <p><b>Thursday</b> Swedish style Meatballs &amp; Pasta Cheese &amp; Tomato Pasta (v) Seasonal Vegetables Homemade Flapjack</p> <p><b>Friday</b> Breaded Fish Finger Vegetarian Sausage (v) Diced Potatoes Garden Peas Fruity Friday</p>

